

**Mental Health Board Minutes**  
**San Luis Obispo County**  
**January 16, 2013**  
**2:30 – 5:30 p.m.**  
**Agricultural Building, 2156 Sierra Way**  
**San Luis Obispo, CA 93401**

**MEMBERS PRESENT:**

Cindy Marie Absey  
Tyler Brown  
Pam Crabaugh  
Karl Hansen  
Joyce Heddleson  
Jill Heuer  
Lorna Hewitt  
Kelly Kenitz  
Frank Mecham  
Theresa Merkle  
Stephan Ponce  
Jason Reed  
David Riester  
Jim Salio  
Vicki Shelby  
Clint Weirick

**GUESTS:**

John Byers (TMHA/PAAT)  
Tommy Hughes  
Leslie Brown  
Denise Rea

**MEMBERS AND ALTERNATES ABSENT:**

David Odell  
Lisa Kelley  
Charmaine Quinlan  
Linda Connolly

**M.H. & D/AS STAFF PRESENT:**

Karen Baylor  
Jane Ahlquist  
Tom Beem  
Steve Berg  
Nancy Mancha-Whitcomb  
Kim Mott  
Jennifer Rhodes  
Darci Rourke  
Brad Sunseri  
Judy Vick  
Frank Warren  
Clark Guest

1. **Meeting** was called to order @ 2:30 pm by David Riester.
2. **Introductions and Announcements:**
  - Karen announced the retirement party for Janet Amanzio being held Friday, January 25<sup>th</sup> at Growing Grounds beginning at noon. Everyone from the Behavioral Health Board is welcome to attend.
  - Denise Rea from Transitions announced “The Journey of Hope, 2013 Forum,” being held at New Life Church, Pismo Beach on Wednesday, February 6, 2013 at 6:00 p.m. Keynote speaker will be Jay Asher who is the author of “*Thirteen Reasons Why*,” which is the story about a teenage girl who dies by suicide. This fiction novel spent 2 ½ years on the *New York Times* bestseller list. This event is free and you can visit [www.t-mha.org](http://www.t-mha.org) or call 805-540-6526 for more information.
  - A reminder from Denise Rea that it’s that time of year again for the Bowl-A-Thon, their annual fund raiser beginning in March, more details to follow.
  - Karen thanked the staff who participated in the State Audit, we had very good results and when we get the final report, we have 30-days to review and 15 days to appeal.
  - Tyler Brown brought up the topic of the tragic shooting in New Town, Conn, as the national discussion turns to gun control and mental illness. Jill Heuer the Director of SELPA (San Luis Obispo County Special Education Local Plan) said the District

Supervisors and multiple agencies are going to form a group to look at the process of protocol for guns in our schools. Jill requested that BH participate in this group. Karen appointed Brad Sunseri to be our representative.

- There was a brief discussion about a detox center in San Luis Obispo. It was stated that a detox center is very costly and that we don't have the revenue at this time.
3. **Citizen Comments:** Citizens are invited to make comments relevant to Mental Health issues at this time. None at this time.
  4. **Action Item Re:** December 19, 2012, meeting minutes were reviewed and followed by motion of approval by Joyce Heddleson and seconded by Lorna Hewitt and unanimously approved by the Board. (MSC: Heddleson/Hewitt)
  5. **Director's Report – Karen Baylor**
    - State Budget, Affordable Care Act, January, 2014
      - 2 options, State run or County run. Legislative budget hearings begin next week.
    - Healthy Families transition to Medical. Karen will meet with CenCal Representative. The SLO County transition is set for March 1<sup>st</sup>.
    - There is an on-going meeting with DSS on the Katie A Lawsuit on developing a plan for implementation.
    - Our budget is due to our Deputy Director on Thursday, January 31<sup>st</sup>. A reduction in services is expected. Mike Stevens, Deputy Director, gave a presentation on the long term and short term approach on balancing the budget.
    - The Behavioral Health Department is looking at a site in Paso Robles to open up a satellite office offering drug and alcohol services, and mental health services.
  6. **Presentation – Behavioral Health 101, Staff:**

This was a special meeting as the Mental Health Board and the Drug & Alcohol Advisory Board joined to become the Behavioral Health Board. The Mental Health staff and the Drug & Alcohol staff came together to give a Behavioral Health Board 101 presentation to new members.

Thanks to the staff of Mental Health and Drug & Alcohol Services for taking the time to give our board members a very organized and informative presentation. Some comments made at the end of the meeting:

    - **Feels that the Behavioral Health Departments do things right, and happy to be a part of it.**
    - **Thank you very much for such an informative presentation.**
    - **Didn't realize that we had such a good staff.**

**7. Meeting was adjourned at 5:15p.m.**

*The next Behavioral Health Board meeting will be Wednesday, February 20, 2013, 3:00pm – 5:00pm in the Red Conference Room, (the brick building behind the Health Campus.)*

*Jane Ahlquist*